



Knight Digest



Vol. 62 No. 07



www.kofc4504.org



March 2021

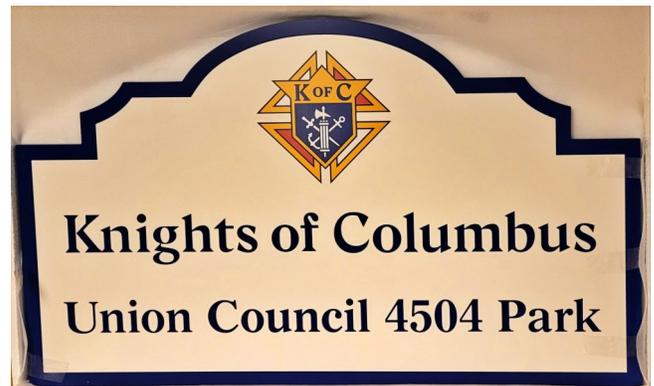
Calendar of Events

March 8th..... Council Mtg. 8:10 PM
 March 13th..... St. Patrick's Day Celebration
 March 26th..... Fish Fry
 March 28th..... Model Train Show
 April 17th..... Tricky Tray
 May 13-16..... State Convention
 June 26th..... Baseball Game

Dates are subject to change based on the status of the social distancing rules in effect.

New Mini-Park Sign

Our new mini Park sign has been delivered. This sign is a replacement for the original sign installed November 1977. This spring we will install it at the Knights of Columbus Mini Park at Stretcher and Winslow. If interested in helping, please contact any council officer.



State Convention

As it stands the State Convention is still on for **May 13 - 16, 2021** in Wildwood NJ.

We have 15 rooms reserved at the Adventurer. Pricing details to follow.

Covid Meeting Preparedness

Brothers in preparation for upcoming winter weather and maybe more Covid restrictions, the Council is preparing to hold virtual council meetings.

If you wish to be included , please send your email address to:

finsec4504@gmail.com AND grandknight4504@gmail.com. please include your membership number.

We will continue to hold Council meetings at the hall for now. Thank you. Len Komar Jr. GK



Council Fish Fry
 Friday March 26th
 5-8pm

Menu

Fish (Baked or Fried)
 Fries
 Coleslaw
 Chicken Fingers for kids

\$15 Dollars per person

Dine In or Take Out

Tickets are available at the bar.

To RSVP or for more information please contact:

SK Greg Henn PGK

(908)721-2094

SK Mike Peter DD, PGK

(908) 357-5673

Knigh Digest

This bulletin is published monthly, by and in the interest of the Knights of Columbus Union Council 4504 and registered as third class matter April 23, 1958, at the Union Post Office, Union, NJ.

RULES FOR SUBMISSION: Submissions for consideration are due in writing by the 15th of the month for the following month. Please mail or drop off submission, with contact information to:

Tom Dudek
Knigh Digest Editor
549 Robinson Ter.
Union, NJ 07083

or preferably via email to: tomdudek@outlook.com

You must clearly identify all people in photos submitted and at what council event the photo was taken. Photos with alcoholic beverages will not be considered. Photos may also be submitted via email as hi-resolution image files. Hard copy photos will only be returned when accompanied by a self-addressed, stamped envelope.

Council Officers

Chaplain..... Rev. Msgr. Anselm Nwaorgu
District Deputy..... Michael Willemse, PGK
Grand Knight Leonard Komar Jr.
Deputy Grand Knight Phillip Cababe
Chancellor..... Gerry Aponte
Warden..... Anthony Ibida
Recorder..... Robert Pyncnels
Treasurer..... Chuck Cababe
Fin. Secretary..... Luke Sangiamo
Inside Guard Allen Pascullo, PFN
Outside Guard..... Jim Deluca
Membership Director Gerry Aponte
Program Director..... Vacant
Lecturer..... Raymond Gora
Advocate..... Stephen F. Hehl
3rd. Yr. Trustee Vacant
2nd Yr. Trustee..... Robert Wozniak, PGK
1st Yr. Trustee David Wozniak, PGK
4th Degree Faithful
Navigator Tony Oliviero
Columbian Club President Alex Rivera
Swim Club President Mike Harms
Columbiette President Fran Corcione

Monthly Meetings

1st. Mon.-----Council Officers
2nd & 4th Mon. -----Council Mtgs.
2nd Thu. -----Columbiettes
4th Wed. ----- 4th Degree Assembly
4rd Thur.-----Columbian Club

MESSAGE FROM THE GRAND KNIGHT



Council 4504 Family, here it is March 2021, and we are in the midst of the Lenten season. Lent is a 40 day period of preparation leading up to Easter and the celebration of the resurrection. Many of us prepare by fasting and abstaining from something we usually enjoy. But why do we do this? The 40 days of Lent mirror the 40 days Jesus spent in the desert. During that time, Jesus fasted and prayed while enduring and overcoming the temptations of Satan. So for 40 days, we follow Jesus' example. We test our self-discipline as we abstain and fast. We assess ourselves and go to confession so that we may be absolved of our sins. And most importantly, we pray. The Lenten season's goal is to leave us as a stronger person of faith than you were when you enter.

The 2021 Lenten regulations for anyone between the ages of 18 and 59 included two fasting days, Ash Wednesday and Good Friday. On these days, only one full meal is permitted and two smaller meals, both excluding any meat. Other Fridays during Lent are Days of Abstinence, in which no meat should be eaten. If you haven't already, please also consider attending the Stations of the Cross this year, which is held every Friday until April 2nd.

While we generally think of Lent as a time of self-denial, as we see from Jesus' time in the desert, it is also time of self-discovery and strengthening of faith. Use this time to put a stop to old negative habits and replace them with new positive ones. Use this time to reflect on the gifts you have received and the gifts you can bestow upon others. Use this time to find ways that you can go out and do God's work. Prepare for the resurrection by not only helping yourself but by helping others. Reach out and see how you can assist your community, your church, and the Council. Help to spread the faith.

Don't forget on **March 26th** will be the Council's Fish Fry. Dine-in and take-out options are both available. Tickets are available at the bar. To RSVP please contact SK Greg Henn PGK or SK Mike Peter DD, PGK.

Saturday, **April 17th**, The Columbiette will be hosting a virtual Tricky Tray. Doors will be open from 10am till 5pm for socially distanced ticket sales, viewing the prizes, and placing your tickets. At 7pm tickets will be drawn via Facebook Live.

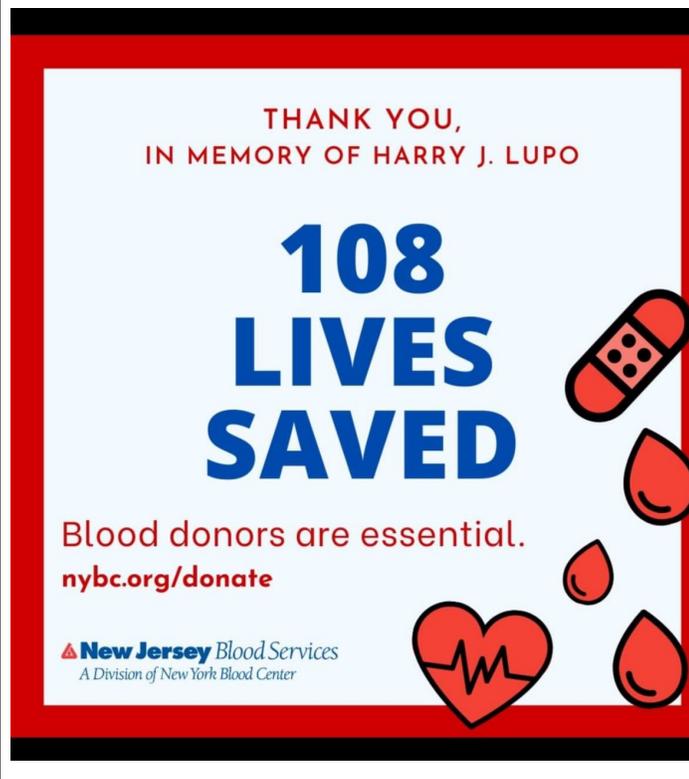
O Christ, Son of God, for our sake, you fasted for 40 days and allowed yourself to be tempted. Protect us so that we may not be led astray by any temptations. Since man does not live by bread alone, nourish our souls with the heavenly food of your Word, through your mercy, O our God, you are blessed and live and govern all things, now and forever. Amen.



Leonard J. Komar Jr. GK KofC 4504

Thank you

It is said that no one is dead as long as their name is spoken and memories are shared. January 31st, the Council family and community came together to honor Harry Lupo PGK. 41 donors registered. 30 whole blood collected. 3 ALYX for 6 units. For a total of 36 units. Thank you for making a difference in 108 lives.



THANK YOU,
IN MEMORY OF HARRY J. LUPO

**108
LIVES
SAVED**

Blood donors are essential.
nybc.org/donate

New Jersey Blood Services
A Division of New York Blood Center



Sir Knights, the JFK Assembly is updating its blast email. If you wish to be included on meetings and events, please send your email address to ljkr4504@gmail.com.

Thank you.,

SK Len Komar Jr GK, PFN



Knight of the Month

Mike Harms

March 2021



Mike Harms was born in Rockaway Point, NY. He attended Hofstra University where he studied Accounting & Finance. Mike has worked for companies like HSBC, First Capital and currently at Merchant Factors (NYC), where he is a Senior Vice President. He met his wife

Marisol back in 1998 and they married in 2003. They have two children Aidan and Mariangelie.

Mike has been a real stand-up guy and a true Brother Knight. With the loss of Andy, Mike stepped up into the Swim club president position, and took over the charitable raffle. He helps out with events, work parties, and so much more. He many times takes a leadership role when needed. Mike is also involved in the Special Olympics. As of November 2020 he moved up to the 4th degree. Definitely a great brother knight to look up to, congratulations Brother Michael Harms on knight of the month for March 2021.



Congratulations!

MARCH 13th

St. Patrick's Day Party



\$5 Admission

Outside in the Picnic Area

Mask Required for Entry

JOIN US!

Outside at the

Columbian Club

**1034 Jeanette Avenue, Union
908-686-4504**



Living Life Out and Loud

By Rev. Msgr. Anselm Nwaorgu, Ph.D.

Dear fellow Knights, this past year has been a year of rude awakening, with Covid-19 ravaging and claiming lives, at will. It makes me think about how life could easily be seen as a beam of light that shines so brightly now and, suddenly, fades away and dies out. I have given this some thought and have come to the conclusion that if this is how life is, and can be, then we need to do all we can to live this little life of ours, out and loud. How do I mean by this?

I believe that we need to live our lives as men on a time-limited mission; men for whom every minute counts. If that is the case, then don't just belong, participate; don't just care, give a helping hand; don't just believe, practice; don't just be fair, be generous; don't just forgive, forget; don't just dream, act. Many a time, we are too focused on yesterday and tomorrow that we forget to live today to the fullest. The truth is that yesterday is gone forever and we do not know what tomorrow will bring. Today is all that we got. Bottom line, we are perishable items and life needs to be lived accordingly. Therefore, don't waste time worrying, for that is using your imagination to create things that you don't want! Don't waste time being angry, for you are adding more wrinkles, not dimples, to your face. Don't waste time in unforgiveness, for you don't want God to remember your own sins in detail. Don't waste time being envious, for you cannot attract what you attack. Don't spend time cursing, for you are telling others how low you have gotten. Don't waste time hurting people, for whatever you do to others may come back to you as experience. Don't waste time gossiping, for what goes around comes around. Don't waste time worrying about death, for you will never begin to live this little life of yours. Don't waste time in regrets, for you are ruining the blessings of this day. Don't waste time looking back, for it turns you into a bag of salt! Don't waste time procrastinating, for you are simply using the future to escape the present! Don't waste time living in fear, for it creates paralyzing for what needs to be done, now. Don't waste time looking for people's approval, for you will be living your life for others, not for yourself! Don't waste time in misery, for misery loves miserable company. Don't waste time in hate, for you are draining joy and peace out of your life. Don't waste time being lonely, for loneliness is but a lack of purpose!

My friends, life is too short; let's live it while we can. Let your eyes see the best; let your heart forgive the worst; let your mind forget the bad; let your soul never lose faith, let your spirit stand up for what is right, just and fair, and always pray into your future, so that life situations may happen for you, not just to you.

THE MODELRAILROAD CLUB, INC.:

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SUNDAY 28TH MARCH

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Saint Patrick Parade

A traditional fundraiser for both the Swim Club and the Columbian Club is the St. Patrick's Day Party. Although the township is not having a parade again this year, we will be hosting a party **SATURDAY MARCH 13TH** on the Columbian Club grounds from 10am to 6pm. The picnic grove, patio and the hall will be opened to all.

MASKS / FACE COVERINGS WILL BE REQUIRED FOR ENTRY.

Additional emails regarding food and drink specials, sponsors and activities will be sent in the coming weeks!!!

TRICKY TRAY



The Union Columbiettes will hold a virtual Tricky Tray Saturday April 17th. Doors open at 10am to 5pm to view the prizes. Virtual Prize calling at 7pm. Donations are still being accepted. Please call Diane Lupo at 908-357-6606.

Baseball Trip Update

Those that showed interest to the NY Met game in June. Our contact is allowing us to switch the game to August. The game we are able to change too is against the Nationals on **August 28th** it is showing that it is an evening game.

Any questions please contact Mike Peter on his phone 908-357-5673 or email mikepeter4275@gmail.com



Intellectual Disabilities Drive

Thank you to Brother Knight Ed Varga at D&D Technologies for your donation to the Intellectual Disability Drive. Brothers, we currently are unable to collect publicly but we are still collecting from our donation boxes at Cozy Corner (Thank you Pete Celia) and at the Council hall. If you can, please donate at these locations or mail your donation to the Council Hall.

Thank you.

THOMAS EDISON AND A NOTE

One day the young Thomas Edison came home and handed a paper to his mother from his school. He told her, "My teacher gave this paper to me and told me to give it only to you."

His mother's eyes were tearful as she read the letter out loud to her son. "Your son is a genius. This school is too small for him and doesn't have good teachers for training him. Please teach him yourself."

After years, Edison's mother died and he was renowned as one of the greatest inventors of the century. One day he was going through his old family things. Suddenly, he noticed a folded paper in the corner of a drawer. He took it and opened it up.

On the paper was written: "Your son is addled. We won't let him come to school any more."

Thomas Edison cried for hours and then he wrote in his diary: "Thomas Alva Edison was an addled child that, by a hero mother, became the genius of the century."

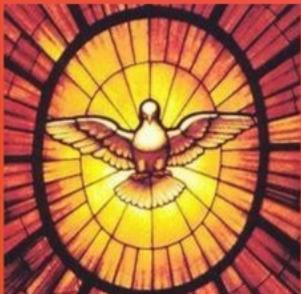
7:00 PM
PATRIOTIC ROSARY
7:30 PM
HOLY MASS

COME TOGETHER TO PRAY
FOR GOD'S BLESSINGS AND
MERCY FOR OUR COUNTRY

ALL ARE WELCOME

2020
September 3
October 1
November 5
December 3

2021
January 7
February 4
March 4
April 8
May 6
June 3



MASS
FOR OUR
COUNTRY

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RETURN SERVICE REQUESTED



March 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Council Officers	2	3	4	5	6
7	8 Council Mtg. 8:10PM	9	10	11 Columbiettes Mtg.	12	13 St. Patrick's Day Celebration
14	15	16	17 Happy St. Patrick's Day	18	19	20
21	22	23	24 4th Degree Assembly	25 Columbian Club	26 Fish Fry 5-8 PM	27
28 Model Train Show	29	30	31			